

Veggies

...daily exercises...

Compiled by Patrick Geren

This set of exercises was gathered for any brass player of any ability level to utilize in effort to improve their control and sound. These materials are borrowed from several standard method books used in the brass community and are rooted in the concept of "Song and Wind" by former Chicago Symphony Orchestra Principal Tuba, Arnold Jacobs. Be flexible and creative with these as they may be altered in tonal mode, range, dynamic, tempo, articulation, and even rhythm to fit individual needs. Of course, use of pitch drones will enhance the benefit of these exercises. In addition, the use of drum machine loops in lieu of a traditional metronome may help the emotional and mental engagement aspect as well.

Materials referenced:

- Remington Warm-Up Studies edited by Donald Hunsberger
- Warm-Up Studies by James Stamp
- Lip Flexibilities by Bai Lin
- Technical Studies by Herbert L. Clarke
- Brass Gym by Sam Pilafian and Pat Sheridan
- Daily Drills and Technical Studies by Max Schlossberg
- Mastering the Tuba by Roger Bobo

Long Tones / Airflow

1 ♩ = 120 cont. chromatically...

2 ♩ = 108
Starting on middle ("tuning") B♭

Starting on F

Starting on low B♭

3 ♩ = 116

Flexibility / Slurs

1 ♩ = 80

2 ♩ = 116

3 ♩ = 116

4 ♩ = 90

#5-8 may be played with the same articulation style and structure as #4 or as written

5 ♩ = 90

cont. 2,1,12,23,13,123
var. 123,13,23,12,1,2,0

6 ♩ = 90

cont. 2,1,12,23,13,123
var. 123,13,23,12,1,2,0

7 ♩ = 100

cont. 2,1,12,23,13,123
var. 123,13,23,12,1,2,0

8 ♩ = 100

cont. 2,1,12,23,13,123
var. 123,13,23,12,1,2,0

9 ♩ = 90

cont. chromatically...
start on any partial

Euphonium

4

4 ♩ = 100

cont. chromatically...

5 ♩ = 90

cont. chromatically...

6 ♩ = 100

cont. chromatically...

7 ♩ = 64

cont. chromatically...

8 ♩ = 90

repeat pattern on all scales

9 ♩ = 100

repeat pattern on all scales

10 ♩ = 84

repeat pattern on all scales

11 ♩ = 100

repeat pattern on all scales

G Major

A \flat Major

A Major

B \flat Major

2 ♩ = 116

cont. chromatically...

1

Dynamics

May be used on any note

pp — p — mp — mf — f — ff — ff — f — mf — mp — p — pp

2

♩ = 60

cont. chromatically...

p — f p — f p — f p — f p p — f

3

♩ = 60

cont. chromatically...

f — p f — p f — p f — p f f — p

4

♩ = 60

cont. chromatically...

p sub. f p sub. f p sub. f p sub. f p sub. f

(no cresc.)

5

♩ = 60

cont. chromatically...

f sub. p f sub. p f sub. p f sub. p f sub. p

(no dim.)

6

♩ = 60

cont. chromatically...

fp fp fp fp fp

style variations:

f p f p f p

